

I Had to Say Yes, Now What?

The personal story of EFT Master Tania Prince on her journey as the 2009 EFT Masterclass Organiser

We all have dreams in life, things we want to achieve. What stops us achieving those things? Our own blocks! Amazingly, clearing the blocks can lead to things flowing effortlessly. When I took on the role of the EFT Masterclass Organiser, I was well aware that I had blocks in place as regard to running the event. I also knew where I needed to be emotionally in order to successfully pull together this huge project. Below is my journey of the blocks and challenges I had to clear to bring this dream into reality.

I Was Put In Charge

Early in 2008, people started to talk about who would take the mantle on as Conference organiser for the EFT Masterclass Conference 2009. I remember distinctly, EFT Masters Judy Byrne, Jacqui Crooks and Ann Ross turning to look at me and waiting. Whenever opportunity comes my way, I have always been of the mindset, “say yes”, sort out how you go about doing it and what blocks you have to clear, later. Without even thinking, true to form, I said “yes.”

At the end of the 2008 Conference in London, Judy Byrne gave me one last chance to pull out before she announced to the attendees that I was now taking on the 2009 Conference Organiser’s role. The moment of no return had arrived, I stood and announced the conference would be in Manchester, England.

Intention

I set my intention for the conference. I wanted it to be in a beautiful hotel, near to where I live so I could stay on top of things. I could see it in my mind’s eye, I felt really good. Within a week, I drove through my home village just south of Manchester and was passing one of the hotels. I felt drawn to go inside and find out whether they had conference facilities big enough to hold the conference. Well, they didn’t.....yet! They were in the process of building a new big conference centre. Not only that but they had had a three million pound facelift on the hotel- it was beautiful; I fell in love with it. I asked the receptionist to show me what they had built so far of the new conference centre. There I was, looking at a few bricks on the floor. I knew instantly that was where I wanted the conference to be, I even took a picture and posted it on my blog and announced those few bricks represented the venue for the 2009 conference. Intention is a powerful thing and so is the law of attraction.

Tapping It Out

I knew at this stage I wasn’t mentally ready to run the conference. I had never run a conference before, although I had experience setting up and running training courses. Running a conference was a huge step-up. Not only that, but the press and TV was constantly churning out that the UK was in depression. We had pictures plastered across the press of the last great depression, we were being bombarded. Fear was rife in the UK. Unfortunately, I let myself watch those shows and felt affected by them. The media can exert a powerful influence over us.

Also, there was a lot of change taking place everywhere. It was like shifting sand. I knew where I needed to be mentally. I needed to be in a place of peace, basically in the “now”. In order to achieve that, I had to tap out the fear. I think this is an important thing to deal with if you are facing a challenge in life, it allows things to flow; otherwise things can be a struggle.

I identified the mental strategy that I was running to create the fear. Basically I was thinking about the conference and quickly flipping up an image of no one being there and then feeling the fear (this image was very fleeting). Wow, how to make yourself scared or what?! To clear the image I pulled it more into my conscious awareness and tapped it out until it no longer resonated with me. I also had to clear feelings of being overwhelmed by the complexity of what I had to do. When you clear the feeling of being overwhelmed, you find that you can effortlessly chunk down into the details of what you need to do. If you feel overwhelmed, it often leads to you putting off or not starting things.

Getting Help/Delegating

Things flowed from this point effortlessly. I got myself an accountant; very simply, I just asked my daughter if her friend’s dad wanted to do my accounts, so he set up a limited company for me. I arranged to meet up with Chris Hardisty (Chrissie had previously helped establish EFT in the UK in the early days- she just happens to live in the same village as I do) and asked if she wanted to be involved. I think it is important to do what feels intuitively right. Before I brought Chrissie on board, others had volunteered to help me, which I really appreciated but it just didn’t feel right. Chrissie did feel right. I can’t miss out Sarah, the secretary at my clinic and EFT Level 3’er who volunteered to handle calls.

I’m Not a Negotiator

Negotiating with the hotel was the next challenge. The original figure they quoted me was quite high. Still the hotel felt right, I had no doubt that it would be sorted. Maureen (an NLP’er and EFT’er), a friend of mine volunteered to help me do that. At this point, doing the negotiating felt out of my comfort zone, I didn’t quite see myself in that role. Having NLP skills, Maureen handled the situation brilliantly, reading body language etc and steadily getting the price knocked down, bit by bit. I personally went into the negotiating with the feeling it was like a game, great fun.

We arranged another meet up to finalise the deal. Maureen said that we could get it knocked down further and she was going to go for it. Unfortunately Maureen got called away at the last minute; that left me! I had to do the deal, but now because Maureen had said we could improve the offer I felt compelled to just go for it. There is a great saying in NLP to act “as if”. I cleared my mind and straightened up and literally stepped into the role of negotiator. I successfully got the price reduced. The deal was struck.

Tapping to overcome the fear and then stepping out of my comfort zone and into the mindset of the negotiator were two crucial points on my journey to organising the Masterclass. I think it is important to also point out that at no stage did I sit down and plot

out how I was going to do this project. I let intuition guide me and modelled the behaviour of others who had gone before me. Modelling (from NLP) is a great way to learn skills fast.

Showtime

The EFT Masterclass is now three weeks away. For me this has been quite an amazing journey of just going with the flow. I guess that always automatically saying yes isn't such a bad strategy in life, especially if you have the tools to clear your blocks.

Finally I would just like to share with people that **I am personally really** excited about what people are presenting at the conference. To me, this is evolution; this is EFT really whizzing up the lift in Gary Craig's "healing high rise". This is pushing boundaries like never before. You might just want to check it out.

I'll see you there.... Right?.... ☺

All the best,
Tania

Tania A Prince
EFT Master

<http://www.eftmasterclass2009.com/>
<http://www.eft-courses.co.uk/>