



## **TRIBUTE TO GARY CRAIG**

I was first introduced to EFT in 2000 and have often said how it saved my life. I was distraught to the point of seriously considering suicide, yet my life was seemingly working fine. I found a newbie EFT practitioner, by accident, who tapped on me until I felt balanced and grounded again. The thought of taking my life now seems absolutely absurd.

I was so astounded by the results that I pursued using EFT in my Life Coaching practice. It has changed my life in many profound ways, and has given me the tools to help others do the same. I now teach EFT, and other tapping techniques, in workshops and online courses. To be able to help people reclaim their lives is the most fulfilling career I could imagine. I will be eternally grateful for Gary Craig's contribution to the world with this tool and wish him well in his retirement.

Lindsay Kenny, EFT Master  
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