



## TRIBUTE TO GARY CRAIG

Change is one of those inevitable things in life. It comes as no surprise that Gary has opted to retire after his many years of tirelessly working to get EFT out to the world. I wish him well.

He has done an amazing job not only in developing EFT, but also in making it accessible to the masses of people throughout the world who have gained great benefit from using it. People who previously would have had to live with serious physical or emotional issues are now free to enjoy their lives.

In the first week after he announced his retirement, I found myself reflecting on those times in my life when I had interacted with Gary and also about how EFT had made such an immense difference to my life.

I first became aware about EFT many years ago. A good friend of mine had heard about this unusual technique that had been getting great results and was incredibly fast. Curious, she had contacted the man behind the technique, who was Gary, and ended up buying some tapes so she could study the process. She went on to help establish EFT in the UK. So, having been introduced to EFT by my friend, I was aware of it from the moment it began to filter into the UK.

My initial thoughts on EFT were that it was weird. However shortly after, I remember driving in the car and listening to a tape that my friend lent me. The tape was a live session of Gary working with a man who had a fear of heights. I was enthralled, I remember thinking to myself "I really have to know how to do that". The tape really hooked me on the idea of EFT.

A few years later, I was with a group of people from Europe who Gary invited into his home whilst he was filming the Borrowing Benefits DVDs. This was an amazing experience that has stuck with me throughout the years. I left America truly appreciating the amazing generosity of Gary Craig. He graciously invited us into his home and gave his time for free. Also, I left with a far greater knowledge of how to use EFT effectively.

How has EFT affected my life? I would say it has had a profound affect on me. I have seen so many amazing transformations occur with EFT. It has left me with the thought that "all things are possible".



I don't know what will happen with EFT now that Gary has stepped away from the helm, but I do know that he has established some very firm foundations for us to build on. I think that is the indelible legacy that he leaves with the EFT Community.

Tania Prince

EFT Master

<http://www.eft-courses.co.uk/>